

Weekly Menu

Monday | May 9

- Grill:** Crispy Chicken Breast and Pepper Jack Flat Bread Sandwich
- Deli** Ham and Cheese Wrap
- Lunch:** Oven Roasted Rotisserie Chicken Quarters
Roasted Vegetables
Rice Pilaf
- whole+sum** Baked Potato Bar: Sweet and Regular Potatoes, Butter, Cinnamon, Brown Sugar
Chili, Cheese, Sour Cream, Chives, Jalapenos ,Bacon, Broccoli and Shredded Chicken **(No Salt)**
Ground Beef and Glazed Carrots
- Composed Salad:** Jerk Chicken and Cabbage Salad
- Soup:** Chef Choice
- Pizza:** Ham and Olive Pizza
- Dessert:** Brownie
- Dinner:** Roasted Pork Loin with Chili Lime sauce
Steamed Vegetables
Garlic Mashed Potato
- whole + sum** Green Curry Baked Chicken **(No Salt)**
Roasted Chili Lime Broccoli and Cauliflower **(No Salt)**
Spanish Rice
- Kids Corner** Beef Tacos (Soft and Hard) with Fixings

Tuesday | May 10

Today's Lunch is In Honor of Major Sally

- Grill:** Roast Beef Pepper Jack Sandwich
- Deli** Buffalo Chicken Wrap
- Lunch** Herb Crusted Salmon
Potatoes Wedges
Rice Pilaf
- whole + sum** Herb Roasted Chicken **(No Salt)**
Sautéed Green Beans with Caramelized Red Onions
Steamed Broccoli **(No Salt)**
- Composed Salad:** Caprese Salad
Hazelnut Creamer at Coffee Station
- Pizza** Chicken Alfredo Pizza
- soup:** Chef Choice
- Dessert:** Angel Food Cake
- Dinner:** Roast Pork Loin with Jus
Cilantro Lime Rice
Steamed Carrots
- whole + sum** Chili Pepper Herb Roasted Turkey Breast **(No Salt)**
Dinner Rolls
Steamed Broccoli **(No Salt)**
- Kids Corner** Fried Fish Fingers with Steamed Broccoli and Cheese Sauce

Wednesday | May 11

- Grill:** BLT with Pepper Jack Cheese Wrap
- Deli** Turkey Ranch Cheddar Wrap
- Lunch** BBQ Pulled Pork Sandwich
French Fries
Stuffed Portobello Mushroom
- whole + sum** Blackened Salmon **(No Salt)**
Grilled Vegetable Medley
Yellow Rice Pilaf
- Composed Salad:** Cole Slaw
- soup:** Chef Choice
- Pizza** Sausage and Cheese Pizza
- Dessert:** Assorted Dessert
- Dinner:** Braised Beef Brisket
Steamed Green Beans
Roasted Potatoes
- whole + sum** Oven Roasted Turkey **(No salt)**
Mashed Sweet Potatoes
Asparagus **(No Salt)**
- Kids Corner** Mozzarella Cheese Sticks Onion Rings

Thursday | May 12

Grill: Egg Cheese and Bacon French Toast Sandwich
Deli Pita Bread, Hummus
Lunch: Pasta Bar: Assorted Pastas and Toppings
 Meatballs, Meat Sauce, Marinara Sauce and Alfredo Sauce
 Roasted Vegetables
whole+sum Grilled Chicken **(No Salt)**, Grilled Italian Sausage
 Wheat Pasta and Regular Pasta
 Steamed Vegetables **(No Salt)**
Composed Salad: Ham Tabbouleh Salad
Soup: Chef Choice
Pizza: Spinach Feta Pizza
Dessert: Apple Cobbler
Dinner: Fried Pork Chop
 Spicy Collard Green, Baked Beans **(No Salt)**
 Macaroni and Cheese
whole + sum Bayou Bitten Crawfish **(No Salt)**
 Rice Pilaf
 Fried Okra
Kids Corner Chicken Fingers

Friday | May 13

Grill: Ham Bacon and Smoked Gouda Hoagies
Deli Corn Beef Sandwich
Lunch: Orange Beef Stir Fry
 Steamed Jasmine Rice
 Baby Bok Choy
whole+sum Salmon with Mango Salsa **(No Salt)**
 Broccoli with Garlic and Onion
 Roasted Root Vegetable **(No Salt)**
Composed Salad: Ginger Soy Spinach Barley Salad
Soup: Chef Choice
Pizza: Tuna Pineapple Pizza
Dessert: Banana Pudding
Dinner: Oven Fried Chicken
 Mashed Potato and Gravy
 Roasted Brussels Sprouts **(No Salt)**
whole + sum Meatloaf with Mushroom Demi Glazed **(No Salt)**
 Roasted Cauliflower
 Couscous Pilaf
Kids Corner Boneless Wings and Things

Saturday | May 14

Brunch: Smoked Salmon, Bagels, Capers, Cream Cheese Platter
 Waffles, Syrup, Warm Berry Compote
 Scrambled Eggs
 Biscuits and Gravy
 Bacon, Sausage
Lunch Style Additions: Pineapple Glazed Pork Loin **(No Salt)**
 Country Fried Chicken
 Carrots and Green Beans **(No Salt)**
 Rosemary Steamed Red Potatoes and Onions

Sunday | May 15

Lunch: Maple Brown Sugar Roast Beef **(No Salt)**
 Herb Baked Chicken
 Roasted Broccoli **(No Salt)**
 Steamed Cauliflower with Sundried Tomatoes
 Garlic Mashed Potatoes
 Sweet Potato Au Gratin
 Turkey Corn Dog
 Dinner Rolls
Dessert Carrot Cake

